MPG Connect Telehealth Visit

Schedule: Make an MPG Connect appointment by calling your provider or logging into the patient portal.

Pre-Register: Complete pre-visit registration by confirming your personal information through email or text received from MPG.

Prepare/Join: Consider your Telehealth visit to be like an in-office appointment.

Have the following ready for your visit:

- Medications
  - A list of your medications including strength and how you take each
  - If you have a patient portal, “log in” and review your medication list (if able to, print it).
  - Mark medications you no longer take
  - Mark medications that require a refill
  - Note any new medications from other providers

- If you have the tools and can, please record the following:
  - Blood Pressure: _______ / _______
  - Heart Rate: _____________________
  - Temperature: _________________
  - Weight: ______________________
  - Blood Sugar: (if applicable) _______

List any providers or facilities you have been seen at since your last visit and why:

________________________________________________________________________

Write down any questions or important information you want to share with your healthcare provider about the reason for your visit.

________________________________________________________________________

Get set to enter your visit:

- Dress for your visit just as you would for an in-office visit
- Select a quiet room/area with good lighting and limited distractions
- Check your device
  - Ensure device battery is charged
  - Adjust volume and close all other browsers or applications
  - If able to, connect to Wi-Fi

Join the visit:

- At least 5-10 minutes before scheduled visit (unless otherwise notified by staff), click on the link you received via text or email.
- Click on “Run a System Check” to ensure a great experience (This opens a new browser window, please be sure to close it once the system check is completed)
- Click “Allow” to turn on your microphone and camera.
- Click “Join Visit” button
- You’ll be placed in a waiting room and your telehealth visit will start soon after.
- You may request another party be added to the visit (example: family member, caretaker, etc.)

If you have any questions or concerns, please contact your provider’s office.